

GET THE



HOW TO MAKE VALENTINE'S DAY ROMANTIC

FOR LONG DISTANCE
RELATIONSHIPS

*Tinder
Tips For
Beginners*



**THE BEST
PLACES
TO MEET
WOMEN
IN 2017**



**DATING TIPS
FOR MEN
OVER 40**

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February 2017

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**HOW TO WIN A
GIRL WITH YOUR**

**SENSE
OF HUMOR**

HOW TO WIN A GIRL WITH YOUR SENSE OF HUMOR

Guys may like mystery in a woman, but don't think it goes both ways. In fact, mystery gets old fast. What a girl really loves is a guy that can make her laugh especially if he's trying to get her to laugh at and with him. To stop taking yourself so seriously, crack some jokes at your own expense. Here are some funny things you can say to a girl to get her laughing and interested.

One liners are a classic and require wit and speed, which is sexy in a man. Women also love to laugh at the ridiculously pathetic one-liners you come up with. Just know that she's laughing with you and not at you because, hopefully, you realize how ridiculous your line sounded.

The worst thing that can happen here is you picking out a girl with no sense of humor. If she doesn't laugh, shake it off and move along to someone with personality. Make sure to use these in the right, fun atmosphere, like a bar, and not at the store. Here's a few to try:

- "Do you believe in love at first sight, or should I walk by again?"
- "You're so stunning I just forgot my pick-up line."
- "Can you fix my cell phone" (Girl-what's wrong with it?) "For some reason, your number isn't in it."
- "My next drink is on you" (Girl-why?) "I saw you and dropped mine."
- "Lady, you better direct that beauty somewhere else or you'll set the bar on fire." (Said casually).
- "I'm not a photographer, but I can picture us together."

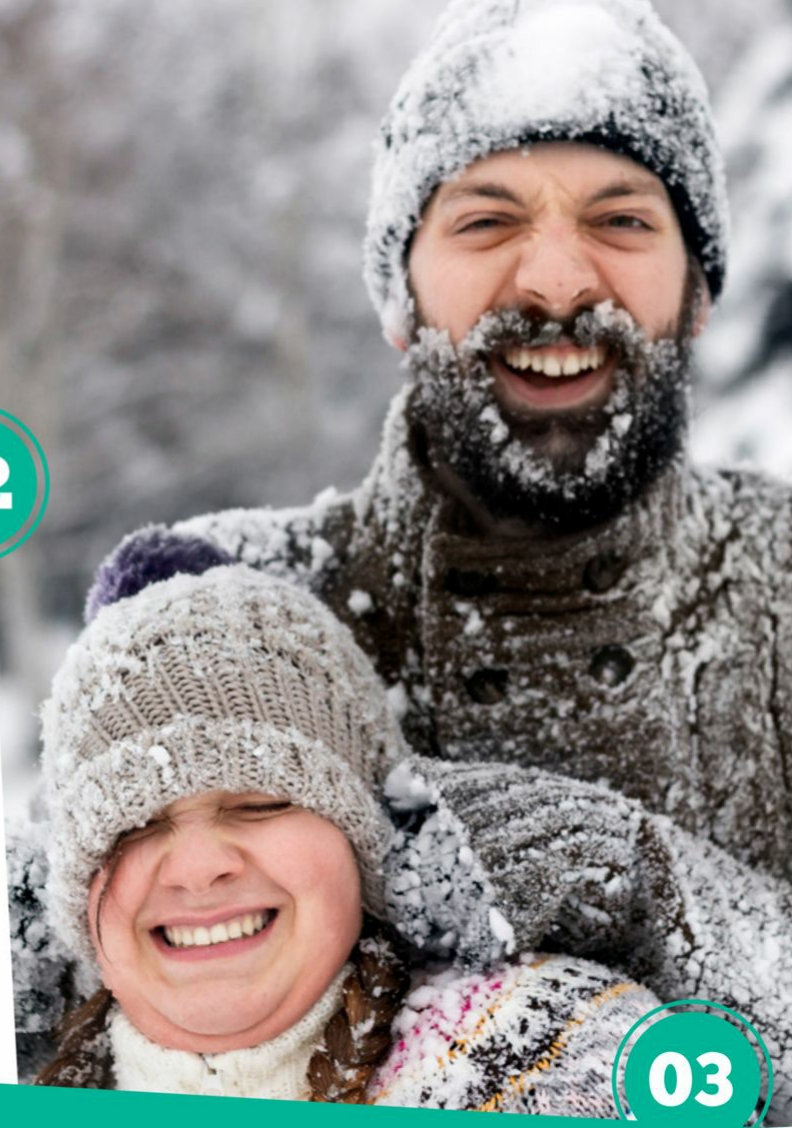
01



Sarcasm. This is natural to some and even their best tactic. If you aren't great at using sarcasm, you might want to stick to the one-liners since it requires more than just words and delivering it wrong can make you look like a jerk. Here are some great examples:

02

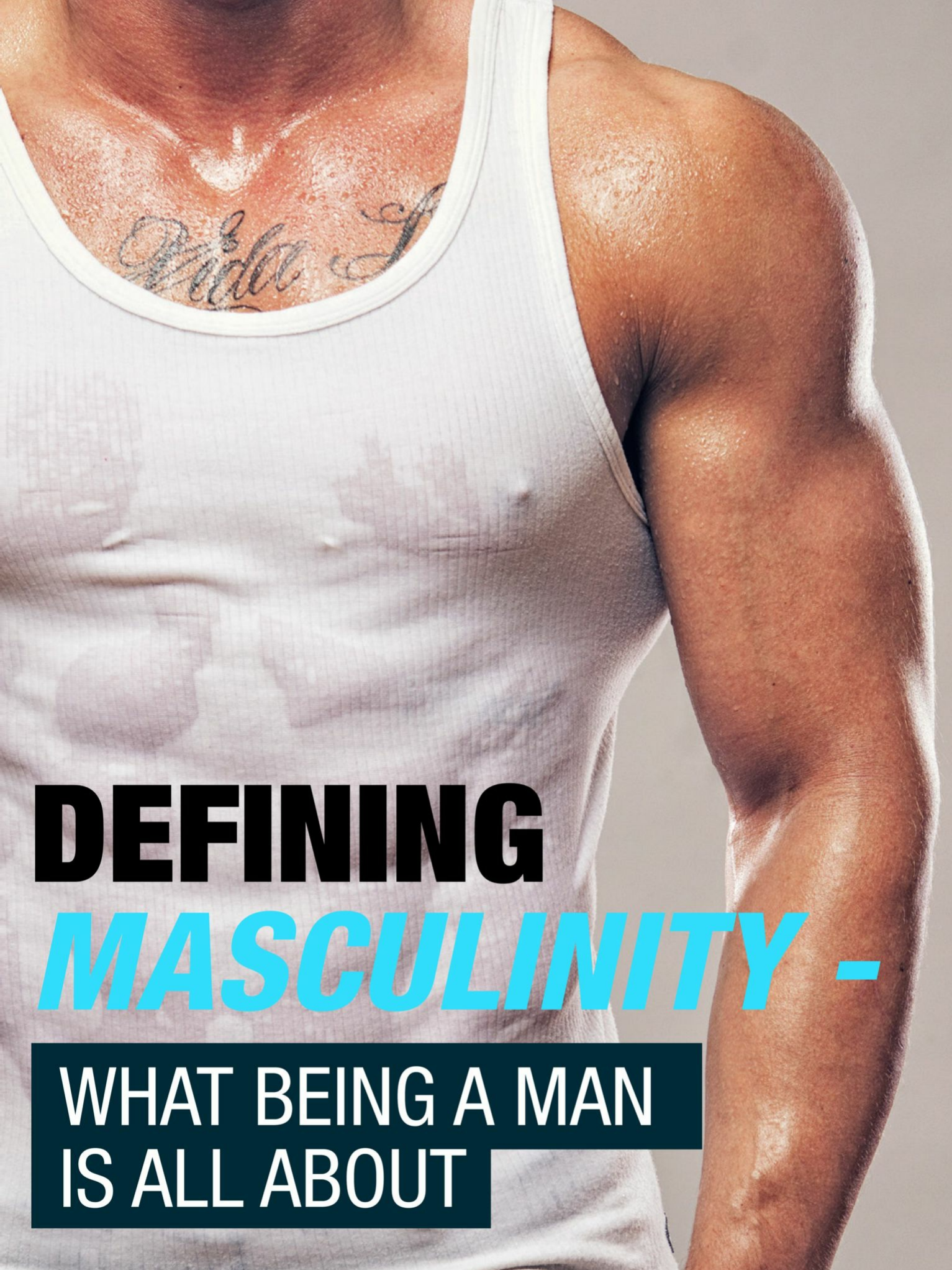
- "I hate it when someone's really sexy and then my face hits the mirror."
- "If I ever need a heart transplant, I'd want my ex's. It's never been used."
- "People who write 'u' instead of 'you.' What are they doing with all that time they're saving?"
- "If I had a dollar for every girl that found me unattractive, they would eventually find me attractive."
- "I want to die peacefully in sleep. Like my grandfather... not screaming and yelling like the passengers in his car."



03

Mimicry is another way to get her giggling. If you can impersonate well, you're bound to please. Just make sure you practice and excel at it before trying to impress a girl. Try it out on friends or family before delivering it as bad impressions are terrible to listen to. You want her to laugh, not run.

The most important thing is to relax and let your personality naturally shine through. Honestly, a personality is the hottest thing a guy can wear because it doesn't come off when you get home later.



DEFINING ***MASCULINITY*** -

**WHAT BEING A MAN
IS ALL ABOUT**

DEFINING MASCULINITY - WHAT BEING A MAN IS ALL ABOUT



01

A real man is thoughtful.

If your wife had one hell of a day, make her dinner because she's going to be hungry and she won't feel like cooking. Thinking of others' well-being is a major part of being a real man. One of my favorite examples of this is to kiss her forehead or nose and tuck her in to sleep when she's dog-tired no matter what your plans for the night were. Do not, I repeat, do not wake her up for sex when she's feeling completely wrecked.

Every woman is looking for a "real man" and they're pretty hard to come by. If you are a guy sitting at home wondering just what it means to be a real man, here are some quick guidelines for you to start out with. No, these don't include things you think they will like six-pack abs, a beard, and sexy cologne. Although we wouldn't exactly be upset if you had those. These characteristics run deeper and have a lot more meaning.

02

A real man accepts

responsibility.

This is serious and ruins most relationships. If you say something horrible to her, it is in no way her fault. It came out of your mouth so don't try to spin the blame. Admit you screwed up, which makes you look honest and self-aware, and move on.

03

A real man knows what he wants in life.

No, not a life-time itinerary. Just a life-long goal plan. If you want to be retired on a yacht at 50, then know it and work towards that goal. If you just want to make it till Friday, own it

04

A real man takes pride in himself.

This is about more than clothes. Value yourself or no one else will see your worth.

05

A real man learns from his mistakes.

Failing in life happens, and it sucks, but it also provides a great opportunity to learn. Don't throw a fit, or pout. Just brush yourself off and evaluate how you got there so it doesn't happen again.



06

A real man listens.

You know when your girlfriend calls you and you hold the phone away from your ear while she's talking. That makes you an ass, not a man. Honestly, we can find ass anywhere and don't need yours. Pay attention and listen to your girl because that's just respect.

07

A real man doesn't buy into gender roles.

Girls can be lawyers, doctors, and the president and boys can be dancers, nurses, and homemakers. Get over it already! Women love to contribute and, for a lot of us, that means bringing in a paycheck. We do not need you breathing down our necks wanting us home when you are. And would it really kill your manhood to help with the dishes? When a girl has been working all day, it's not fair to her to come home and cook, clean, and take care of you while you sit in your Lazyboy.



HOW TO IMPRESS A
GIRL WITHOUT



**LOOKING
LIKE A
FOOL**

HOW TO IMPRESS

A GIRL WITHOUT LOOKING LIKE A FOOL

Dying to get that awesome girl to go out for dinner but don't know how to impress her? Women are easy, despite what men think and there are some things that will impress any girl, at any time. Here are a few ways to make you look sexy and appealing.



01 Know Stuff

Don't just pull answers out of thin air. Steer the conversation to a topic you know, or admit defeat and learn something from her.

02 Slow Down On The Dates

No girl wants to be picked up in a limo on the first date and end the evening with a horse-drawn carriage. Slow your roll and relax. Despite popular belief, we like realism more than flashiness.

03 PERFORM ACTS OF KINDNESS

Not to her, but in front of her. This shows that you can think about someone other than yourself and that you have a heart. Women eat this up.

04 Debate Topics With Her

I'm not talking about arguments, but banter. Women love being able to display that they can hold their own to a man that appreciates it. Show that you have a brain upstairs.

05 DON'T FALL AT HER FEET

Be honest and blunt of necessary. Again, women like men with brains. If you disagree for valid reasons, tell her. No one likes a pushover.

06 BE CONFIDENT, BUT KNOW THAT THE WORLD DOESN'T REVOLVE AROUND YOU

Confidence is a sure-fire way to turn up the sex appeal. If you take it too far, cockiness is a sure-fire way to kill all sex appeal. For miles.

07 Follow Through

Women are done with men who tell them they will do something, and don't. In fact, if you actually do follow through, it'll pleasantly surprise her. So simple, right?



08 TALK TO HER

She can't read your mind and a lack of communication is a real cock-block. Men who are willing to talk about their feelings are sought after by women everywhere.

09

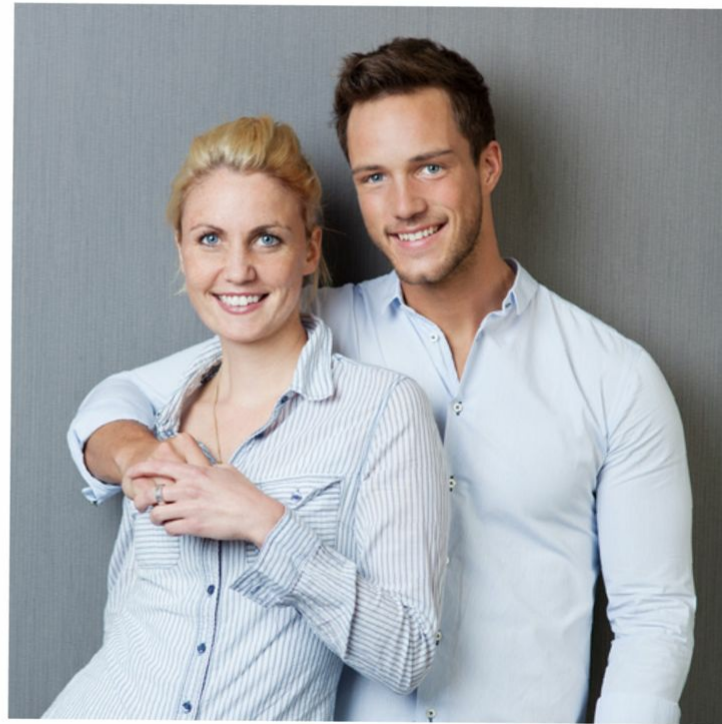
CHIVALRY IS NOT DEAD

Open the door for her, wait until she gets in her front door before you leave. These things are noticed and are sexier than hell! Just don't be dramatic about pointing out all your awesome moments. That takes the chivalry away because she knows you're just trying to impress her.

10

Make Her Sit Back And Stare In Awe By Talking To Her Friends

Enter the conversation and hold your own. She will be amazed. The key here is to keep your focus on her while talking to the friends. Don't make it look like you would be good leaving with either of them.



11

PUT THE PHONE AWAY

If she's not important enough to keep your interest, she'll know it and walk away.

12

Compliment Her Mind Or Abilities

When you say a girl is pretty, she completely blows it off as a motivated comment. When you compliment her intelligence, or abilities she takes notice. And she'll want to show you the other things she's great at.



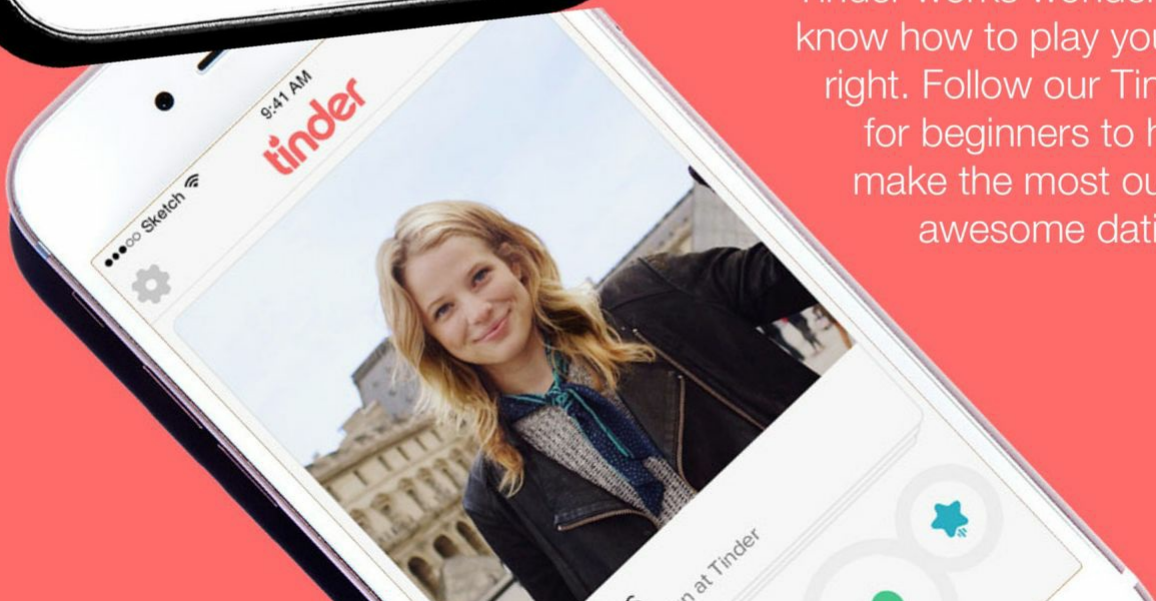


tinder

TIPS FOR *BEGINNERS*



Online dating these days doesn't get much easier than Tinder, an app considered to be a godsend by many. The app is free to download, although paid options are available for extra features such as the ability to backtrack on someone you may have accidentally swiped left to, and the ability to view potential matches in countries other than where you are. Tinder works wonders, if you know how to play your cards right. Follow our Tinder tips for beginners to help you make the most out of this awesome dating app:





TIPS FOR BEGINNERS

Create a great profile by using flattering photos, funny bios, and interesting tidbits. If you aren't sure about what photos to use, ask the opinion of friends who you know will be brutally honest. Feel free to use funny lines and jokes - everyone loves humor unless you're looking to date a doormat. Let your true self shine through in your profile; briefly mention your love for Star Wars, the outdoors, or cooking.

.... 01



02



Don't let matches go to waste by avoiding conversation. The only way you'll go unnoticed by your match is if you don't make the first move, and the app already makes it easy enough to do so. If you aren't sure how to start a conversation beyond the usual "Hi, how are you?", it's best that you read what your match says in their Tinder profile. If she says that she loves the San Francisco Giants or that she enjoys watersports, these are excellent starting points for your conversation. Don't use sexual innuendos and jokes even if you don't really mean it; many find this kind of behavior offensive and can only result to your profile getting reported on Tinder or will diminish your chances of scoring a great date.



TIPS FOR BEGINNERS

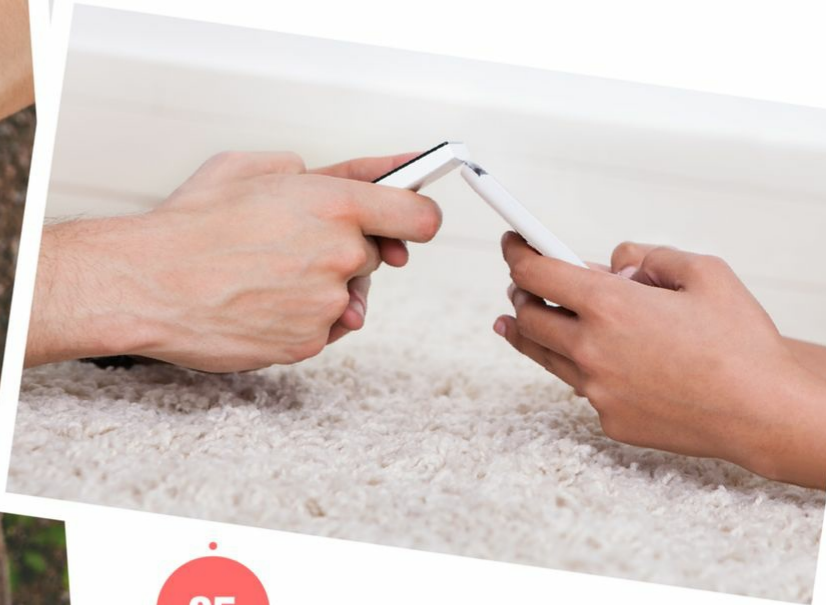
03



Do a background check on the people you intend to meet with. It's not uncommon for people to create fake profiles just to score dates or get laid through Tinder, yet many of these supposed "single" people are actually already married, are in relationships, or are outright lying on their profile. Save yourself time and energy by checking out their Instagram, Facebook, and even LinkedIn pages.

04

Make your date feel comfortable and safe by offering to meet in a public place. Meeting in dark, random places are risky for both of you, and will send women off faster than you can swipe left. When meeting matches, let friends know where you are at all times because safety should always be your number one priority.



05

Don't waste your time with people who haven't asked you out. Some people tend to get stuck with Tinder's chat features, so if a match hasn't asked you out or agreed to meet after a few days of chatting, it's best not to get your hopes up and move on. The whole point of Tinder is to find people you are interested in meeting in person.

HAPPY SWIPING!



THE BEST PLACES TO MEET *WOMEN* IN 2017

THE BEST PLACES TO MEET *WOMEN* IN 2017

COFFEE SHOPS:

There are many intelligent women who come to coffee shops alone to get work done away from their apartments or the chaos of their offices. Meeting a smart, sexy woman in a coffee shop can be as simple as introducing yourself or offering to buy her a cup of coffee while standing in line. However, the nature of the reason she's in a coffee shop in the first place, which is work, can be tricky; so don't approach her if she's frantically typing or looks engrossed in her work or this could lead to outright rejection.



If online dating isn't really your cup of tea, fear not: there are so many great ways to meet women this year and we're about to tell you all about them. Online dating isn't the only solution when it comes to finding the right woman to date these days - a little creativity and good timing can make all the difference.

FARMER'S MARKETS:

If you're looking for women that are particular about health and well-being, farmer's markets are a great place to start. Engage her in conversation about the produce in season, and discuss the recipe possibilities that you can do with exotic fruits and vegetables. Approaching women who are shopping solo is actually much easier than you think. Ask her opinion about things you don't know about (such as that odd-shaped fruit), let her intelligence shine through and she'll love you for it.

PUBLIC TRANSPORTATION:

There are many great women you can meet on the train or bus that you won't find at the local bar or coffee shop. Try to make eye contact first, and exchange a smile before you approach her. If she looks engrossed on her phone, has headphones on, or isn't returning your eye contact and smiles, it's best that you move on.

ART GALLERIES:

Looking for cultured, intelligent women doesn't get much easier than at local art galleries or art events. If you've never been before, best that you brush up on the art scene before you run the risk of looking completely ignorant. Do a little research about the kind of art before you go, which will give you an edge when it comes to starting conversations.

TRAVEL:

If you're having a difficult time meeting women in your city, consider taking a trip out of town, out of state, or out of the country. Foreign places are fertile ground for meeting new people and dating. It will also open your mind to new, interesting women of other cultures and backgrounds. It's no longer uncommon for women to travel alone, which makes it easier than ever to approach her at a resort, bar, or during a fun sightseeing tour.

FITNESS CENTERS:

Whether it's spinning class, the gym, or yoga, fitness centers will always be good places to meet women especially now that everyone is all about health and fitness. Choose fitness centers that have female-centric exercises and you can't go wrong. Try to make some eye contact or wait until after class to make a move - ask her if you can buy her a smoothie, then strike up a conversation.



Even if these places aren't your usual cup of tea, get out there and socialize. It also pays to do your homework and research about the places before you go: know what specialty coffee is served, the kind of art on display, or the workouts being done.

DATING TIPS FOR MEN OVER 40

There are many things to be said about dating an older man, but most importantly when done right, it can be a woman's dream come true. Older men have seen it all - been there, done that; and there are less games to play. However, there can also be another side to the coin. It's just as important for a man in his forties to play his cards right when dating a woman, no matter what her age is.



HERE ARE SOME DATING TIPS for men over 40:

01 Don't always go for the youngest woman you can find. While it's definitely true that you can find love at any age, making it a point to go for younger women means that you'll be missing out on women who share the same outlook, opinions, and experiences that you do - all of which are fundamental to a long-lasting, healthy relationship.

02 Always be honest and upfront especially when creating your online dating profile. Many men over 40 can feel insecure about competing with men in their 20's and 30's, and tend to embellish their online dating profiles. It's natural to want to put your best foot forward to attract the most ideal candidates but remember that smart women can see through it. Be honest about your accomplishments, personality, and physical traits. The last thing you want to do is disappoint a potential partner by having to break the bad news and eventually lose their trust when you meet in person.



03 Set the tone and framework for the relationship, and put the best spin on your life as possible. Despite numerous failed relationships (or marriages), always be optimistic about life in general when dating women. Remember that no woman wants to date a jaded man who is pessimistic because of their past. Show women that they have a lot to look forward to in life and love, even if it didn't work out so well for you in the past. Expressing positivity and open mindedness will naturally attract women towards you.

04 Now is not the time to be complacent with your looks - hit the gym if you need to. While it's true that women should be attracted to your personality and characteristics, physical attributes will also play a role. Biology and evolution dictates that human beings look for signs of health in a lifelong partner; this means staying as fit and healthy as you can not just for your love life, but for yourself as well. Besides, taking care of yourself is always seen as sexy!



05 Be true to yourself, your desires, and your goals. When you're at your 40's there isn't much time to play games anymore or try to pretend to be someone you're not. If you're a full-blown comic nerd, be proud about it. If you're a serial entrepreneur, be upfront about your love for business. The right woman will only love you more for who you truly are - otherwise you shouldn't be settling for less anyway.



Dating in your 40's can be fun if you know how to play your cards right. It could very well be the beginning of your best years yet when it comes to love and sex, as long as you follow these tips.

BY BLAKE REED

SINGLE ON VALENTINE'S DAY?

WE'VE GOT

YOU COVERED

BY BLAKE REED

Single on Valentine's Day? We've

GOT YOU COVERED

Valentine's day is a huge day for women and depending on how you feel about it, can be a depressing day for you if your single. We have got you covered from plan a through plan z. Be responsible, don't drink and drive, and all that other stuff your mom told you when you went to college. If all else fails, at least you had a memorable night by the end of this, hopefully? You don't have to get laid on valentines day for it to be a success and if this list fails you, find your own way to have fun! That might be playing video games all night, enjoy the single life. It'll be gone someday.

Plan A: Throw a singles party.

Plan B: Find a friend who's throwing a singles party.

Plan C: Google single's parties in your city. Major parties happen all over the globe on Valentine's Day.

Plan D: Go speed dating just to say you have.

Plan E: Go speed dating with another single friend. Maybe at least you'll meet some people to go to the bar with afterward.

Plan F: Just go to the bar.

Plan G: Have a poker night.

Plan H: Go to the strip club.

Plan I: Call that girl you know is single and see if she wants to hang out. (She not available? See next.)

Plan J: Call that other girl you know is single and see if SHE wants to hang out. (She not available either? See next.)





Plan Q: Call the third girl that you know is single, because your mom just made you feel like you are going to die alone now.

Plan R: Go crash some “We Hate Men” party a bunch of single, mad women are throwing.

Plan S: Play with your dog. (Don’t have a dog? See next.)

Plan K: Cook yourself a delicious meal and post it on social media. Wait for the single ladies to comment or Snap you. Invite them over.

Plan L: Eat that entire delicious meal by yourself.

Plan M: Go to a gay bar. You know the single ladies will be there. Just make sure they know you are straight.

Plan N: Go to the gym. Only single chicks will be at the gym late on Valentine’s Day.

Plan O: Sneak into a restaurant and drop fake rings in champagne glasses. Watch the horror on dudes faces.

Plan P: Call your mother and wish her a wonderful Valentine’s Day.



Plan T: Go buy a dog.

Plan U: Crack open a beer or a bottle of Vodka. You’re going to need it for the next plan.


Plan V: Play a drinking game by yourself. Get pretty buzzed.

Plan W: Download Tinder. But for the love of common sense, don’t drive. Call a cab if you go anywhere.

Plan X: Start a new series on Netflix.

Plan Y: Join FarmersOnly.com.

Plan Z: Order some pizza and porn and call it a night.



WHAT TO DO WHEN YOU FIND YOURSELF IN A LOVE TRIANGLE

BY BLAKE REED

WHAT TO DO WHEN YOU FIND YOURSELF IN A LOVE TRIANGLE

► **BY BLAKE REED**

TAKE A DEEP BREATH. LAUGH AT YOUR SITUATION, BECAUSE YOU ARE LITERALLY LIVING OUT A MOVIE PLOT, AND DITCH THE SITUATION ENTIRELY OR MAKE SOMETHING HAPPEN. IN OTHER WORDS, IF YOU ARE IN THE MIDDLE AND HAVE TWO GIRLS THAT ARE IN LOVE WITH YOU, PICK ONE. IF YOU LOVE A GIRL WHO LOVES SOMEONE ELSE, DECIDE IF SHE'S WORTH IT AND GO FREAKING GET HER OR DROP HER LIKE SHE'S NOT HOT.



When I find myself stuck between two attractive specimens the first thing I do is I hang out with both of them in a relatively short time span. It is easier to judge which one you are a better fit with the sooner you hang out with both of them. But, for the love of common sense, don't hang out with them at the same time or post

pictures with both of them on your Snapchat. If you are in a relationship and find yourself in a love triangle, you just need to take a bit to be by yourself. Take a break from the relationship and don't date or talk to anyone for a while. You need a good palate cleanse before deciding to break up with someone for another love interest.

WHAT TO DO WHEN YOU FIND YOURSELF

► IN A LOVE TRIANGLE

Whatever you do, don't ride it out and wait to see what happens, you don't want to be a part of that. It's stressful, it sucks, and it will just lead to everyone feeling terrible about themselves because one of them is going to find out about the other. Just don't be that guy.

“ JUST COMPLETELY STOP EVERYTHING YOU ARE DOING RIGHT NOW IF ANYONE IN THIS LOVE TRIANGLE IS MARRIED, GO LOOK IN THE MIRROR, AND THINK OF HOW DISAPPOINTED YOUR FAVORITE TEACHER IN ELEMENTARY WOULD BE OF YOU. MARRIAGE IS SOMETHING YOU JUST DON'T MESS WITH, NO MATTER HOW MUCH YOU THINK YOU LOVE SOMEONE. ”



If you are in a love triangle with someone you've dated before, chances are you still have feelings for them that need to be resolved. Don't be scared to give it another chance, a million different things effect relationships, what made the relationship fail the last time you were together might not be an issue anymore. Just be cautious. Really think things through and don't go back to them just because you feel sorry for them or feel bad because you feel bad about something you did.

Ultimately, love triangles can be exciting at first, but the longer they drag on the worse they get for everyone involved. Go for a walk, make a pro and con list, talk to a friend, go to Church, just do whatever you have to do to make up your mind because the sooner the triangle ends, the better. Turning off your phone for a while will speed the process up, it's easier to really decide if you like someone when they aren't texting you or you are creeping on their Facebook.



**HOW TO MAKE
VALENTINE'S DAY
ROMANTIC FOR**



LONG

DISTANCE

RELATIONSHIPS

■ **BY BLAKE REED**



**HOW TO MAKE
VALENTINE'S DAY
ROMANTIC FOR**

LONG DISTANCE RELATIONSHIPS

BY BLAKE REED

***MAKING VALENTINE'S DAY
PLANS CAN BE CHALLENGING
WHEN YOU LIVE IN THE
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THERE IS AN EXTRA LEVEL OF
DIFFICULTY WHEN YOU CAN'T
SEE EACH OTHER ON THE
SPECIAL DAY. YOU CAN STILL
HAVE A ROMANTIC DAY WITH
YOUR SIGNIFICANT OTHER
THOUGH!***

One thing you can do is send your SO a gift and tell her she can't open it until February 14th when you are video chatting. If you want to make things a little spicy, send her something a little more intimate. This can be a great way to keep the heat in your relationship from afar. If you get to see each other somewhat regularly, a thoughtful gift might be the better option. Or hey, maybe do both! Send her two gifts in two boxes so she gets a sweet surprise twice.

Send her flowers at work, because let's just face it, flowers are always a good idea. You know, unless your girl tells you specifically that she doesn't want flowers, but even that is sketchy. This will make her feel great in front of the people she works with and it will let her male coworkers know she is taken. If she has a really great friend at work, send the friend a gift card to you SO's favorite restaurant and tell them to enjoy themselves at a lunch or dinner on you.

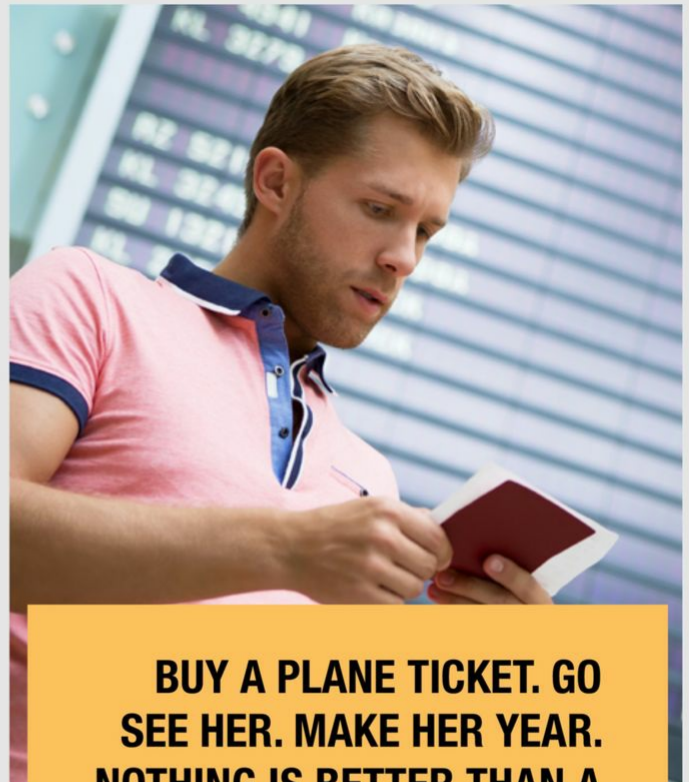
HOW TO MAKE VALENTINE'S DAY **ROMANTIC FOR LONG DISTANCE RELATIONSHIPS**



Giving her the gift of a fun meal with a friend will show her you care about her happiness, but as a precaution go ahead and do a couple other things on this list too so she knows you weren't passing off Valentine's Day on to her friend.

Video chat and make the same dinner together. Start at the same time and help each other through the recipe. You will get done at the same time and can awkwardly watch each other eat like you would on a regular date. After your dinner you can video chat, talk, or text while you watch the same movie on Netflix. You can even argue over what movie to watch just like you would if you were together.

Send her cute texts all day. Every hour or every thirty minutes send her something that will make her smile. You might want to get started on this list way before Valentine's Day so you can think of personalized messages to send her. You can get inspiration from a Google search, but the texts will be so much better if you can think of things specific to who she is and your relationship. Tell her you love it when she sings her favorite song in the shower. Tell her how beautiful she is when she wears that one t-shirt. Stay away from generic phrases if you can or at least mix in the generic with personalized.



BUY A PLANE TICKET. GO SEE HER. MAKE HER YEAR. NOTHING IS BETTER THAN A PERSONAL VISIT FROM THE LOVE OF HER LIFE. JUST BUY THE PLANE TICKET.

DON'T BE HANSEL AND GRETEL

*– WHY BREADCRUMBING IS WORSE
THAN GHOSTING*

BY BLAKE REED



DON'T BE HANSEL AND GRETEL – WHY BREADCRUMBING IS WORSE THAN GHOSTING

BY BLAKE REED

Ghosting was the terrible dating trend last year where the cute girl you were talking to seemed to disappear off the face of the planet. Deleting you on Snapchat, Facebook, and failing to text you back. For the guilty party, it is the easy way out. But, for the person being ghosted it leaves the person wondering WTH is going on.



Breadcrumbing is kind of like ghosting, but way worse. It's when the uninterested person continues to text the still interested person cute, adorable, leading-them-on texts without meaning it or having any interest in them other than sex. It's keeping the flame burning just enough that you can throw some gas on it when you can't find anyone better. The trouble with that is when the night is over and you go back to breadcrumbing, that poor girl is probably at lunch with her friends telling them that the two of you moved to the next level. Most of the time when you guys are complaining about a girl being too clingy or psycho, you did something to make her think your relationship was more than it is. That isn't the case all the time, but really think about how this might affect the girl before you do anything with her.

DON'T BE HANSEL AND GRETEL – WHY BREADCRUMBING IS WORSE THAN GHOSTING

BY BLAKE REED

With ghosting, at least you've made up your mind and it's fairly easy for the person being ghosted to get the hint and at least you are being honest. Being honest with someone is the best thing you can do when you are talking to someone or being friends with benefits or whatever else you can be in the dating world now. With breadcrumbing, you are lying to them, using them, and probably going to leave them in more of an emotional mess than ghosting would. If you just realized you are breadcrumbing someone right now, have a little bit of common decency and just text them that it's not going to work or at the very least ghost them.

Leading someone on when you know you're not interested is a terrible thing to do. You might think it's fun and meaningless, but you never know what the person on the other end of the text is feeling. They honestly might think you have the potential to be "the one."



From personal experience, I once had a guy text me, "I'm not looking for a girlfriend right now. I don't want anything serious." I instantly gained so much respect for him and didn't feel the least bit mad. Honesty is always the best policy.

We live in an dating age where sex, for the most part, is meaningless and only used for pleasure. Let's not start dragging people's feelings and emotions into this meaningless, not-caring cycle more than we already are. If your single, you know how much it sucks to be single sometimes, don't give someone that false hope that the cute, adorable texts might actually lead to something when you know you just want sex out of it. Don't be that guy.